Wild Women Don't Get the Blues taught by Karen K. Stone

Fabric: If you have an inspirational fabric (or a group) that looks instantly fabulous in 5-inch squares, wonderful! (don't pre-cut) [This might be an amazing print, but a beautiful solid would showcase your fabulous quilting!] Start there, and bring **10 to 20** supporting ones (fat quarters are great, used is ok). More fabric is always more fun.

Basic sewing supplies, including good fabric scissors, and scissors or a box cutter for paper. Rotary cutting tools
Thread neutral to your fabric