

**Introduction to Folk Art Embroidery**  
**Taught by Catherine Redford**

Start by learning or being reminded of some basic embroidery stitches on a specially designed pre-printed sampler. Then learn some novel embellishment techniques that add to the fun.

Learn how Catherine transfers her own designs onto dark-colored backgrounds. Go home with a second design transferred and ready to stitch.

Enjoy the relaxed tempo and reconnect with hand work

Supplied kit (\$40) includes:  
printed sampler  
hand dyed embroidery threads  
needles  
embellishments  
transfer materials  
full color stitch guide

Please bring:  
small scissors  
Thimble and small battery-operated, portable light optional

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