

Pole Dancing – Arashi Shibori With Cindy Lohbeck

Student Supply List

Art clothes or apron and comfortable shoes
1 plastic tote bin and lid – Approximately **24” x 18” x 6”**
Craft scissors
Permanent marker
Safety pins
1 large plastic bag (lawn & garden size)
Roll of paper towels
Roll of regular masking tape (NOT blue painters tape!)



We will complete 90% of this project in class, but there will be rinsing and washing assigned as “Homework.” We are, after all, holding a dye class in a rather unusual location. This is actually the fun part where you get to see your results!

We will wrap your project up in the bin, placed inside the plastic bag for safe transportation. There will be a few flat bed carts available, but many students choose to bring their own.

This is a fairly easy rinse that can easily be accomplished in half an hour to 45 minutes, however, it is suggested you let this project “batch” for a minimum of 8 hours and 24 hours or more for the richest results.