

**Jenny K. Lyon**  
**Supply List: Fearless Fills and Frills**  
**Long Beach, 2023**

- 4 quilt “sandwiches” from *quality* fabric and batting. Exact size is not important, but they should be about 14” square or so; 1 3/4 yds of fabric will yield 6 sandwiches.
  - Fabric should be solid or near solid so that you can see your stitches. Your sandwiches will have 3 layers: fabric, batting, fabric. A thin batting works best.
  - Baste layers together using your preferred method (spray, pins, etc.).
  - No odd shaped sandwiches or prints please.
- Blue wash out marker or white marker if your fabric is dark.
- Quilters ruler - 12” or so - used to mark grids and lines for border work; only used once so students can share and I will bring some too.
- Scissors or thread snips.
- 3 paper towels, 6 if the half-sized ones (I’ll explain!).
- Pencil, 15 sheets of paper for notes and practicing motifs - unlined is much better than lined.
- Any other notions that you like to use for free motion quilting.

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**NOTE:** If you prefer, I can bring a kit of 4 quilt sandwiches, available for purchase day of class; \$ 17.

***Orders must be to me by June 26***

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Jenny K. Lyon  
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