



Instructor: Jennifer Stern-Hasemann

Easy Fit & Sew Skort AKA Skirt with Super Powers



This knit skort is truly a skirt with super powers! Choose between an A-line skirt or a 6-gore skirt to go over the knit shorts hidden underneath. You can customize the length of the skirt and shorts for comfort and style. Make a knee length skort to wear running errands or shorten the hem for the perfect gym or swim skort. If you're new to sewing knit garments, this is the perfect project to start with. Learn how to adjust your pattern pieces for the amount of stretch your fabric has and how to get professional result using a serger to construct the seams. We will be in the Bernina Serger room with Sergers that are threaded with 4 cones of a dark neutral thread such as black or dark gray.

- Pre-washed knit fabric for your skort. Please refer to size/measurement chart below
- Basic Sewing Supplies: Pins, scissors, seam ripper
- Tracing Paper
- Clear 18" grid ruler (2" x 18")
- Scotch Tape
- Pencil and colored pencils or high lighter
- Eraser
- Paper scissors

Shorts fabric needs to be 4-way stretch with 40% stretch for a comfortable fit. The skirt and waistband can be 2-way stretch with at least 25% stretch. If you want to make your skort out of 1 fabric, add up the yardage for skirt, shorts and waistband and pick out a 4-way stretch knit with at least 40% stretch.

Size	Waist	Full Hip	2-Way Stretch For Skirt	4-Way Stretch For Shorts	Contrasting Knit For Waistband
4	28	38	3/4 yard	1/2 yard	1/4 yard
6	37 1/2	39 1/2	3/4 yard	1/2 yard	1/4 yard
8	39	41	3/4 yard	1/2 yard	1/4 yard
10	40 1/2	42 1/2	3/4 yard	1/2 yard	1/4 yard
12	42 1/2	43 1/2	3/4 yard	5/8 yard	1/4 yard
14	44 1/2	45 1/2	1 1/4 yards	5/8 yard	1/4 yard
16	45 1/2	48 1/2	1 1/4 yards	3/4 yard	1/4 yard
18	48 1/2	51	1 1/4 yards	3/4 yard	1/4 yard
20	51 1/2	53	1 1/4 yards	3/4 yard	1/4 yard