

Wendy Christine Duke's

CRAZY HEART: A 6-HOUR IMMERSION CLASS IN *Contemporary Oshi-e*



I am excited to introduce you to **Contemporary Oshi-e!**
This Crazy Heart project is featured in my new book:
Contemporary Oshi-e, An Introduction
Levels 1 & 2

Student example
of fabrics &
embellishment!



This book is available for pre-order to be picked up at the class (see below). It is not required for the class.

STUDENT SUPPLY LIST

NOTE: There is **NO PREREQUISITE OR SKILLS** needed to take this class, you will learn **ALL** you need to know, start to finish, **IN** the class!

PLEASE BRING THESE SUPPLIES:

- 1 - Bottle of Aleene's Original Tacky Glue - (4 oz. or larger) ▶ ▶

NOTE: This is the **ONLY** kind I use - it is best for **Contemporary Oshi-e!**

- 1 - Each: a small dish rag and small dish towel
- 2 - 5" x 7" flat quilt batting: one thicker, one thinner, (any kind)
- 1 - Qt. size Ziplock bag (to hold damp rag/towel *after* class)
- 1 - Good fabric scissors, tie ribbon on handle
- 1 - Good heavy-duty craft scissors that can cut mat board
- 1 - 1" 3-ring binder or "Trapper" for pre-punched class notes



PLEASE BRING THESE FABRICS:

An assortment of 5 fabrics*, cottons are best, ironed if possible (irons in classroom):

- 1 - 10" x 12" for background (to wrap an 8" x 10" backing foam board)
- 4 - 8" x 8" each, for parts of the heart. Your design may be slightly different.

*Do **NOT** bring: velvet, sheer, stretchy, lamé, metallics, satins, OR heavy, thick, loosely woven fabrics. Sizes are **MINIMUM**.

PLEASE BRING SOME EMBELLISHMENTS:

A small assortment of fun embellishments for the heart that "feel" like they are part of an old crazy quilt, and that work with your color palette. Refer to photo above for ideas.

ALSO, if you wish, please feel free to bring:

- Slippers to be comfy after all that walking
- A drink in a sealed container.

MATERIALS I PROVIDE AND YOU KEEP:

Printed Class Notes & Patterns
Plain Paper
Tracing Paper Strips in envelope
Mat Board & Foam Board
Graphite Paper
Craft Plastic for Pattern Making
Embellishment Goodies
Index Card
Painter's tapes

MATERIALS I PROVIDE FOR USE ONLY DURING CLASS:

Sharpie, Red Pen, Pencil & Tools
X-Acto Knife & Blades
Cutting Surface
Bento Boxes for glue & wet rags
Some Heavy Duty Scissors

MATERIALS
FEE for ALL
these items:
\$10

AVAILABLE FOR PRE-ORDER:

Use this QR code to buy, your items will be waiting for you at the class!
A limited supply will be available for purchase at classes.

Contemporary Oshi-e BOOKS:

Hard Cover - \$40, Soft Cover - \$30

Contemporary Oshi-e BOXED KITS :

\$85, Includes nearly everything for ALL projects in book.

fabFAB KITS:

\$18 -Themed, with assorted colors and kinds of fabric from my collection.



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PLEASE NOTE: According to TSA RULES, scissors with blades over 4" long must go in your checked luggage. I will have a limited supply for student use. Although TACKY GLUE is non-flammable and non-toxic, you might wish to check it as well, if you can.
In carry on, this "liquid" must be 3.4 oz, or less, but multiples are OK.

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FAQs about CONTEMPORARY OSHI-E

How is oshi-e pronounced and what does it mean?

This Japanese word is pronounced "oh-she-a", and means "pressed picture". Because I was taught to make people (kabuki, geisha, folk characters), I was told I was making "padded picture dolls". I never heard the word oshi-e mentioned. It was only 25 years later that I found a reference to it!

How old is this art-craft?

It is written that the technique came to Japan from China around the 8th Century. It has been expanded upon and modified over the centuries, with four distinct versions: 1. The ancient Oshi-e Stick Hina, which is similar to a paper doll; 2. The traditional Oshi-e picture doll (what I learned), which is usually mounted under glass; 3. The very dimensional Hagoita, which is placed on a wooden paddle; and, 4. The more modern Kurumie or Washi Paper Oshi-e, which uses Washi papers or Chirimen cloth over a foam base.

How is oshi-e constructed?

We use mat board, quilt batting, fabric, and glue—NO sewing! NO drawing! ALL patterns are provided. The Four-Step Process is used in all **Contemporary Oshi-e** construction.

When did you learn this, and where?

I was taught in northern Japan, in a city called Misawa. The USAF had a base there, where my first husband was stationed. My Sensei (master teacher) and I did not speak each other's language, so I learned by pantomime. This was in 1970-73, during the Vietnam War.

Who taught you to make it contemporary?

I taught myself through trial and error over the last five decades, experimenting and expanding my techniques, subjects, materials and scale. I am available to teach locally (within 1.5 hours of Lexington, VA), regionally, nationally and internationally. Please refer to the CLASS section on my website (below).

How hard is it to learn?

Most students complete the heart/leaf design in less than 3 hours, longer classes have first-time students creating more complex pieces in under 6 hours! The process is simple and straightforward, learning each new step and then doing it. There is NO SEWING in **Contemporary Oshi-e**, only gluing. I provide patterns, so NO DRAWING is necessary, just tracing/copying. Since I use mat board, I ask students to bring a pair of good craft scissors that works for their hands/issues.

Build your CREATIVE CONFIDENCE!

With every project you complete you are strengthening your skill and stretching your imagination. With **Contemporary Oshi-e** the possibilities are endless!



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