

Double Tumbling Blocks Quilt Workshop

with Rob Appell



This will be a fun and fluid workshop building blocks for a Strip Pieced tumbling Block style quilt. You may bring scraps, or totally organize your color theory. I will help assist in the construct and layouts.

Please note, I have several different YouTube videos available, however, I play with different size strips widths in each video. Therefore, you may work with any width strips you like, as long as the sizes are consistent.

*You may also use the pattern “Double Tumbler” pattern for a specific quilt design.

Below is the supply list and cutting chart for Double Tumbler,

* Option full pattern available for purchase if you wish.

General Workshop Supply List -

Regular sewing tools:

45mm rotary cutter, cutting mat,

Optional Ruby Beholder or value finder.

24”x 6” to 9” Ruler AND 60 Degree triangle Ruler that is at least 7 1/2” tall

Fabrics Needed if NOT following Double Tumbler Pattern -



- 1/4 each Yard of about 10-18 Tone on Tone Prints.
- 1/4 each Yard of about 10-18 solid reading fabrics to match the Tonal Prints.
- 1 1/2 Yards Neutral Fabric
This will be the background, AKA the skinny strips that separate the blocks.

*NOTE

You should be working from 1/4 yard goods, 40” WOF, NOT Fat Quarters.
You may also 2 1/2” precuts for your colored strips if you like.

DOUBLE TUMBLER Quilt Pattern by Rob Appell

Fabric Used	Yardage Needed	# of 3 1/2" x WOF strips	Fabric Used	Yardage Needed	# of 3 1/2" x WOF strips
Benartex - New Worlds Bermuda - Kelly Green	.25 yd	2	Benartex - Superior Solids - Euchlorite	.125 yd	1
Benartex - New Worlds Bermuda - Purple	.25 yd	2	Benartex - Shadow Blush - Purple	.125 yd	1
Benartex - New Worlds Bermuda - Cadmium Red	.25 yd	2	Benartex - Shadow Blush - Passion	.125 yd	1
Benartex - New Worlds Pangea - Cerulean	.25 yd	2	Benartex - Superior Solids - Berry	.125 yd	1
Benartex - New Worlds Pangea - Amethyst	.25 yd	2	Benartex - Superior Solids - Squash	.125 yd	
Benartex - New Worlds Pangea - Caribe	.25 yd	2	Benartex - Superior Solids - Yellow	.25 yd	2
Benartex - New Worlds Mauritius - Lemon	.125 yd	1	Benartex - Superior Solids - Lime	.25 yd	2
Benartex - New Worlds Mauritius - Orange	.25 yd	2	Benartex - Superior Solids - Kelly Green	.125 yd	1
Benartex - New Worlds Mauritius - Lime	.25 yd	2	Benartex - Superior Solids - Sapphire	.125 yd	1
Benartex - Shadow Blush - Aruba	.125 yd	1	Benartex - Superior Solids - Purple	.25 yd	2
Benartex - Shadow Blush - Carnation	.125 yd	1	Benartex - Superior Solids - Turquoise	.125 yd	1
Benartex - Shadow Blush - Orange	.125 yd	1	Benartex - Superior Solids - Black	1.66 yd	See Below

Cut SEVENTEEN strips Solid Black - 1 1/2" x WOF

Cut FOUR strips Solid Black - 7 1/2" x WOF (these are the fill in triangles)